



Viriya Community Services

Annual report for the year ended 31 December 2011

ROS registration No	110/2001/WEL																
Date of registration as a society	08 March 2001																
Charity registration No	1511																
Date of registration as a charity	03 July 2001																
UEN	T01SS0059B																
IPC status	0154 - until 30 September 2012																
Management committee	The management committee was elected at the annual general meeting held on 24 March 2011.																
	<table> <tr> <td>President</td> <td>Lim Yin Nee, Jenny</td> </tr> <tr> <td>Vice President</td> <td>Chia Eng Soon (aka Ven Sek Meow Ee)</td> </tr> <tr> <td>Hon Secretary</td> <td>Ho Kok Pooi Han Rosalind</td> </tr> <tr> <td>Hon Treasurer</td> <td>Koh Ming Feng, Abner</td> </tr> <tr> <td>Members</td> <td>Lien Soh Cheng</td> </tr> <tr> <td></td> <td>Lim Kah Hoe, Desmond</td> </tr> <tr> <td></td> <td>Tham Khuan Heng</td> </tr> <tr> <td></td> <td>Wong Thin Hee, Alan</td> </tr> </table>	President	Lim Yin Nee, Jenny	Vice President	Chia Eng Soon (aka Ven Sek Meow Ee)	Hon Secretary	Ho Kok Pooi Han Rosalind	Hon Treasurer	Koh Ming Feng, Abner	Members	Lien Soh Cheng		Lim Kah Hoe, Desmond		Tham Khuan Heng		Wong Thin Hee, Alan
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Bankers	United Overseas Bank Limited DBS Bank Limited																
Auditors	Fiducia LLP																

Objectives: Our Society's principal charitable activities are aimed at bringing joy and enhancing the quality of life by providing care and assistance to families and individuals in need of support regardless of race and religion. These were rendered through its community projects including Children's Club @ My Centre, Dreams @ Kolam Ayer, LHCST-NKF Dialysis Centre, Lights of Hope Centre, My Centre @ Moulmein, sharing and caring for you, Viriya Children's Welfare Fund, Viriya Children's Medical Fund, Viriya-KK Children's Hospital HomeCare Programme and Whispering Hearts Infant & Child Care Centre. Whispering Hearts Family Service Centre, including Whispering Hearts Student Care Centre, is a separate

society which prepares a separate set of financials and report. They are however regarded as our community projects.

Finance and funding: The Society receives funding from the government and the public in the form of donations. The public includes corporates, foundations and individuals. In addition, two of its centres collect school fees from the provision of child or student care services but the families receive subsidy from the government depending on their household income. The Society also collects nominal fees from participants.

Financial results:

Receipts	Restricted	Unrestricted	Total
Donations received – tax exempt	65,000	143,000	208,000
- non-tax exempt	57,000	119,000	176,000
Government funding	0	275,000	275,000
Transfer from Unrestricted Fund	20,000	-20,000	0
Programme fee	0	35,000	35,000
School fee	0	300,000	300,000
Investment income	0	33,000	33,000
Miscellaneous	0	73,000	73,000
	142,000	958,000	1,100,000

Expenditure

Cost of charitable activities	104,000	113,000	217,000
Governance and other admin costs	0	21,000	21,000
Finance	0	1,000	1,000
Staffing costs	0	530,000	530,000
	104,000	665,000	769,000

Surplus for the year **38,000** **293,000** **331,000**

Reserves

Restricted funds	337,000
Unrestricted funds	801,000
Endowment fund	4,000,000

Total reserves as at 31 December 2011 **5,138,000**

Unrestricted funds / total operating expenditure **1.04 years**

It is the Society's desire to build up its reserve of unrestricted funds to meet five years' operating expenditure.

Endowment Fund

The Fund was established to receive bequests, gifts and donations and transfer from unrestricted fund to strengthen the financial position of the Society and to enable the Society to use the return from the investment of the Fund to launch sustainable community projects.

Society's assets: The Society does not own any properties. The Society operates the Lights of Hope Centre (which is owned by Leong Hwa Monastery) and in the year under review, it ran programmes, which were aimed at promoting active aging and thus, allow the elderly to continue to engage with the society.

The Society owns a van used largely to provide transport to our chronically ill children under the Viriya-KK Children's Hospital HomeCare Programme.

Activities and events: In the year under review, we continued to run programmes which focussed on the second part of our mission, namely *"to enhance the quality of life"* of the people whom we served. In this way, we hope to have a positive impact on the lives of these people who are less fortunate than us.

Highlights for the year:

Children

Viriya-KK Children's Hospital HomeCare Programme

- Since our adoption in February 2004, more than 500 children have benefited financially, socially and emotionally from the programme.
- In year 2011, KK Children's Hospital continues to use our earlier donations to fund medical equipment needed by the children. There is a total of amount of \$332,000 remaining in the fund as of 31 December 2011.

Viriya Children's Medical Fund

- Initiated in June 2010, the fund has helped over 100 families with children requiring long term medical attention.
- In 2011, \$70,000 was offered to help 70 children receiving treatment from KK Women's and Children's Hospital.
- Provided casework and counselling services to about 150 families to cope with the challenges by enhancing their socio-emotional capacities.
- Held two gatherings for beneficiaries and their families in June 2011 and December 2011 to enhance their support systems. The children were treated to fun and games while the parents attended workshops on caregiver stress.
- Sanofi-Aventis supported an arts workshop for the children, followed by a visit to the Esplanade and made a donation of \$10,000 towards the fund.
- A support group was formed for 16 parents to promote mutual support.

Viriya Children's Welfare Fund

- Awarded scholarships or bursaries to 17 children who obtained distinction in all academic subjects and demonstrated commendable improvement and good behaviour.
- Grants of more than \$20,000 were given to help offset education costs of children.

Whispering Hearts Infant & Child Care Centre

- Maintained full enrolment of 66 infants and children from 2 months to 6 years of age with an average of 52 children on the waitlist.
- 100% of the teachers were trained and qualified as early childhood practitioners.

- Conducted fortnightly internal consultations and training to ensure quality of services provided by our teachers.
- Recognised by the Ministry of Community Development Youth and Sports for its quality services and was awarded a new two-year licence as a mark of assurance in December 2011.
- Carried out cyclical maintenance works to enhance premises and facilities in December 2011.
- Carried out developmentally appropriate curriculum through evidence-based practices to promote well-rounded learning.
 - Full range of daily developmentally appropriate activities to promote infants’ physical, cognitive and emotional development on a daily basis
 - Implemented thematic approach in curriculum to promote progressive and reinforced learning
 - Set up a minimum of three learning centres in each class to promote active learning
 - Reading programme in both languages (English & Mandarin) for children aged 4 to 6 years old
 - Experiential learning activities to enhance learning
 - Fortnightly visits to the community library for children aged 4 to 6 years old
- Involved parents in our programmes to enhance developments of the children
 - Fortnightly reports and quarterly newsletters for parents
 - Half-yearly parents teachers’ conferences
 - Parents resource corner
- Organised educational trips to reinforce classroom learning of our children
 - Trip to Changi Airport
 - Visit to the NTUC supermarket at Jurong Point
 - Trip to ‘Oh Chin Huat Hydroponic Farms (Pte) Ltd.
 - ‘Cookie-making and High Tea Session’ at Swissotel The Stamford
 - Ride on Singapore Flyer
- Conducted events to enhance holistic development of our children
 - The ‘Ugly Duckling’ play at DBS Arts Centre to promote appreciation of performing arts
 - A mini sports day to promote physical well-being and exercise
 - Myopia vision screening and education to teach our children proper care of their eyes
 - Festival celebrations during Chinese New Year, Mother’s Day, National Day, Teacher’s Day, Children’s Day, Hari Raya Puasa, Deepavali and Christmas to impart cultural knowledge
- Year End Graduation Concert @ Nanyang Community Club to celebrate the achievements of our children.

Whispering Hearts Student Care Centre

- Provided before and after school care to more than 70 children aged 7 to 14 years old.
- Carried out integrated programmes to promote holistic development in our students with emphasis on character building, emotional wellness, physical health and cognitive abilities.
- Regular academic enrichment activities included:
 - Daily supervised study time
 - Daily English vocabulary enrichment
 - Daily Mandarin enrichment including 学成语 and 千字文
 - Weekly supplementary English lessons, reading programmes and show and tell sessions to enhance English literacy and public speaking competency
 - English and Mandarin creative writing classes.
 - School examinations preparation classes
- Enrichment classes and activities were conducted to promote holistic development and reinforce learning of our children
 - Sports day at River Valley High School
 - Sports camp at Raffles Institution
 - Holiday camp organised by trainee teachers from NIE

- Field trips to the Zoo
- Field trip to Woodlands Waterfront Park
- Field trip to Bishan Park
- 'Cookie-making and high tea session' at Swissotel The Stamford
- Hygiene and health workshops
- Study skill workshop
- Science experiments and research workshops
- Socio-emotional workshops on 'Children's rights', 'Social responsibilities', and 'Peer pressure'
- Festive celebrations during Chinese New Year, Deepavali, Hari Raya Puasa, Christmas, National Day, Mother's Day, Children's Day, and Teacher's Day

Children's Club @ My Centre

- Offered library services, computer facilities and programmes for 260 children.
 - Reading programme to help our members enhance their literacy skills
 - Movie screening to enhance interest in stories and provide opportunities for members to form positive social relationships.
 - Abacus interest group
- Provided conducive environment as a drop-in facilities for children to spend their after-school hours to pursue their interest
- Offered 10,000 books for loan to members to cultivate interest in reading

Youth

Dreams @ Kolam Ayer

- Recruited more than 300 members through various services and programmes
- Conducted weekly gatherings for 16 children from low-income families to learn essential life skills to build up their resilience
- 36 children completed Character First Programme and L.I.F.E programme and improved in their social skills and character development.
- Partnered Central Singapore CDC to help more than 30 children enhance their literacy skills under the Nurture Programme
- Involved more than 500 youths in two service learning projects, HomeCreation and CANtribute @ Chong Pang, as part of Shine Youth Festival to benefit more than 300 low income families.
- Provided casework and counselling to 23 youths under Project New Leaf and assisted them to remove stigmatizing conspicuous tattoos to reintegrate back into society
- Provided 50 families with food ration worth \$80 each every month
- Organised monthly gatherings for 30 low-income families to increase their social support and community resources
- Organised 22 outings totalling 114 hours with a cumulative attendance of 560 children and youths
 - Experiential outing to Farmart
 - Singapore-Taiwan Rotaract Club bonding event
 - Stage show at Sentosa
 - Games at Nanyang Junior College
 - Dreams' March holidays gathering
 - City Square Mall's anniversary lunch
 - Friendly Soccer Match as launch of President's Challenge
 - Parent-youth bonding during Mother's Day concert at Esplanade
 - 'Sesame Street Live' show
 - 'FUNTHALON' organised by Nanyang Technological University

- Onekiz Racial Harmony programme by Central Singapore CDC
- Drama programme
- Block Party at Moulmein
- June holiday engagement activities by NUS' pharmacy students
- Percussion workshop in Dreams by Esplanade volunteers
- Movie screening in Dreams
- Outdoor games by Singapore Management University
- Social etiquette workshop
- Learning trip to Institute of Infocomm Research
- IT course at Institute of Infocomm Research
- CapitalLand' presentation of educational materials
- 'Sleepover with the Penguins' at Jurong Bird Park by City Sunshine Club

Senior citizens

My Centre @ Moulmein

- Engaged 396 elderly members in programmes and activities to promote active ageing in the community
- Conducted 247 sessions of regular activities totaling more than 600 hours involving
 - Physical wellness programme
 - Aqua Aerobics
 - Foot Reflexology
 - Swimming classes
 - Yoga classes
 - Gardening
 - Brain games
 - English lessons
 - Handicraft sessions
 - Bingo gatherings
 - Music appreciation programme
 - Ping pong
 - Karaoke sessions
- Planned 5 events with corporate partners involving 207 elderly to maintain social connectedness
 - KPMG block party
 - YMCA Cantonese opera treat
 - CPG Bottle Tree Park visit
 - Project Dignity luncheon
 - WHFSC talk cum Christmas party
- Conducted 8 sessions of talks and workshops to enhance independent living capacity of elderly members
 - Tuberculosis prevention
 - Managing tuberculosis
 - Fall prevention
 - Healthy diet
 - Exercise and physical health
 - TCM for elderly (diabetes)
 - Crime prevention
 - Family violence
- 465 students learned basic dialect from retired teachers through the Learn My Dialect programme.

- Partnered Raffles Institution and Saint Gabriel's' Secondary School in Ah Gong Ah Ma Programme to promote intergenerational bonding

Lights of Hope Centre

- Promoted active ageing and enhanced social support network by providing recreational group activities to engage elderly in the community.
- Provided a conducive environment for elderly to form meaningful friendship and remain socially connected to the community.

Families

Whispering Hearts Family Service Centre

- In 2011, WHFSC attended to and successfully linked 1,086 clients to appropriate services, an increase of 37.8 percent from year 2010.
- Provided 2,478 sessions of casework and counselling to 704 families to deal with their challenges and improve their quality of life.
- 577 cases were closed. 97.7% of the clients achieved enhanced problem solving or coping skills, 99.7% achieved enhanced relationship or network that improved their situation, 95.7% achieved improved ability to manage on their own.
- 95.5% of the clients indicated satisfaction on the client feedback form.
- 47 children were enrolled in 'Bright Owl Project' and received academic assistance as well as emotional support from mentors through 30 sessions of weekly mentoring. 100% of the children were promoted to the next educational level.
- 50 youths attended 32 sessions of mentoring under 'Club Fidentia'. 100% of the youths remained in mainstream education.
- Conducted 8 family life talks to help strengthen families and achieve enhanced functioning.
- 'Women Inc.', community self-help programme empowered 39 women from low income families towards self-reliance.
- Disbursed School Pocket Money Fund assistance to primary and secondary students from low income families to help with their schooling expenses. The families were also assisted through casework and counselling.
- Selected by MCYS to deliver the new enhanced STEP-UP service A and B for students at risk of premature school leaving and out-of-school youths.
- Led the Jurong Family Violence Workgroup to address family violence issues in the community.
- Participated in study trip to the United States regarding programmes for at-risk youths.

Corporate Governance: The management committee met three times during the year under review. In addition to reviewing and refreshing its strategic thrusts, the committee also assessed its compliance with the code of governance for the evaluation period from 1 April 2010 to 31 March 2011. As at date of this report, the Society had complied with the various areas required in the governance evaluation.

With regard to conflict of interest policy, the Society adopts the NCSS paper of October 2005, requiring Management committee members and staff to disclose areas of conflict and abstention from discussion and decision – making on the matter. During the year under review, there were no such conflicts that required disclosure and action.

Future capital commitments: We are consolidating the activities of Dreams @ Kolam Ayer into My Centre @ Moulmein to stay relevant with the needs and challenges of the community. This will require fresh funds of \$50,000 to renovate and purchase new furniture and equipment for the centre. We have received funds from President Challenge 2011 for this purpose.

Further, we will continue to embrace with our mission and may consider implementing new programmes or submit proposals to MCYS/ NCSS for additional projects.

The road ahead: Last year, we celebrated our 10 years in community service. With a stable staff force, we are ready for our second lap. We will work on projects where we can make a significant contribution and which are truly important and meaningful to us. Hence, while we aim to bring joy to the needy in society, our focus must be to enhance the quality of the lives of the people whom we serve. More importantly, we will remain guided by the teachings of Lord Buddha, in particular in embracing and practising compassion and loving kindness for the less fortunate in society.

Acknowledgement: We are very grateful to many of you who have unwaveringly supported our mission and goals. In particular, we appreciate the advice and guidance from Dr Yaacob Ibrahim, Patron of Dreams @ Kolam Ayer, Mr Lui Tuck Yew, Patron of My Centre @ Moulmein and Mr Cedric Foo, Patron of Whispering Hearts Family Service Centre.

Report by: Ms Jenny Lim
President

20 March 2012

Our Mission

Viriya Community Services aims to bring joy and enhance the quality of life by providing care and assistance to families and individuals in need of support regardless of race and religion.

***Corporate office
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Singapore 307837***