

# **Viriya Community Services**

# Annual report for the year ended 31 December 2010

ROS registration No 110/2001/WEL

Date of registration as a society 08 March 2001

Charity registration No 1511

Date of registration as a charity 03 July 2001

UEN T01SS0059B

IPC status 0154 - until 30 September 2012

Management committee The management committee was elected at the annual

general meeting held on 26 March 2010.

President Chia Eng Soon (aka Ven Sek Meow Ee)

Vice President Lim Yin Nee, Jenny Hon Secretary Tham Khuan Heng Hon Treasurer Ng Mui Siang Members Ho Kok Pooi Han

Wong Thin Hee, Alan Lim Kah Hoe, Desmond

Sim Eng Kiang

Koh Ming Feng, Abner

Bankers United Overseas Bank Limited

**DBS** Bank Limited

Auditors Fiducia LLP (formerly HW Soo & Co)

**Objectives:** Our Society's principal charitable activities are aimed at bringing joy and enhancing the quality of life by providing care and assistance to families and individuals in need of support regardless of race and religion. These were rendered through its community projects including Children's Club @ My Centre, Dreams @ Kolam Ayer, LHCST-NKF Dialysis Centre, Lights of Hope Centre, My Centre @ Moulmein, sharing and caring for you, Viriya Children's Welfare Fund, Viriya Children's Medical Fund, Viriya-KK Children's Hospital HomeCare Programme and Whispering Hearts Infant & Child Care

Centre. Whispering Hearts Family Service Centre and Whispering Hearts Student Care Centre are a separate society which prepares a separate set of financials and report. They are however regarded as our community projects.

**Finance and funding:** The Society receives funding from the government and the public in the form of donations. The public includes corporates, foundations and individuals. In addition, two of its centres collect school fees for provision of child or student care services but the families receive subsidy from the government depending on their household income. The Society also collects nominal fees from participants.

#### **Financial results:**

Receipts	Restricted	Unrestricted	Total
Donations received – tax exempt	27,000	206,000	233,000
- non-tax exempt	68,000	128,000	196,000
Government funding	0	336,000	336,000
Programme fee	0	32,000	32,000
School fee	0	268,000	268,000
Investment income	0	39,000	39,000
Job credit	0	7,000	7,000
Miscellaneous	0	70,000	70,000
	95,000	1,086,000	1,181,000
Expenditure			
Cost of charitable activities	57,000	154,000	211,000
Governance and other admin costs	0	21,000	21,000
Finance	0	1,000	1,000
Staffing costs	0	540,000	500,000
	57,000	716,000	773,000
Surplus for the year	38,000	370,000	408,000
Reserves			
Restricted funds	300,000		
Unrestricted funds	2,507,000		
Endowment fund	2,000,000		
Total reserves as at 31 December 2010	4,807,000		

It is the Society's desire to build up its reserve of unrestricted funds to meet five years' operating expenditure.

3.2 years

Unrestricted funds / total operating expenditure

**Society's assets:** The Society does not own any properties. The Society operates the Lights of Hope Centre (which is owned by Leong Hwa Monastery) and in the year under review, it ran programmes, which were aimed at promoting active aging and thus, allow the elderly to continue to engage with the society.

The Society owns a van used largely to provide transport to our chronically ill children under the Viriya-KK Children's Hospital HomeCare Programme.

**Activities and events:** It was a year of consolidation. We continue to run programmes which focussed on the second part of our mission, namely "to enhance the quality of life" of the people whom we served. In this way, we hope to have a positive impact on the lives of these people who are less fortunate than us.

### **Activities and events:**

### **Highlights for the year:**

#### Children

Viriya-KK Children's Hospital HomeCare Programme

- Since our adoption in February 2004, about 450 children have benefited financially, socially and emotionally from the programme.
- In year 2010, KK Children's Hospital continues to use our earlier donations to fund medical equipment needed by the children.

## Viriya Children's Medical Fund

- Initiated in December 2010 to help families with children who require long term medical attention.
- Offered \$35,000 to help over 35 children receiving treatment from KK Women's and Children's Hospital.
- Provided casework and counselling services to the families to cope with the challenges by enhancing their socio-emotional capacities.
- Held two gatherings for beneficiaries and their families in June 2010 and December 2011 to enhance their support systems.

## Viriya Children's Welfare Fund

- Awarded scholarships to 15 children who obtained distinction in all academic subjects and demonstrated good behaviour.
  - 11 children were awarded the Viriya-Shih Ping Scholarships
  - 4 children were awarded the Viriya-Ong Kim Long Scholarships
- Scholarships given to help offset education costs of children.

### Whispering Hearts Infant & Child Care Centre

- Maintained full enrolment of 66 infants and children from 2 months to 6 years of age with an average of 35 children on the waitlist.
- Recognised by the Ministry of Community Development Youth and Sports for its quality services and was awarded a two-year licence as a sign of assurance.
- Carried out developmentally appropriate curriculum through evidence-based practices to promote well-rounded learning.
  - Full range of daily developmentally appropriate activities to promote infants' physical, cognitive and emotional development on a daily basis
  - Implemented thematic approach in curriculum to promote progressive and reinforced learning
  - Set up a minimum of three learning centres in each class to promote active learning
  - Reading programme in both languages (English & Mandarin) for children aged 4 to 6 years old
  - Experiential learning activities to enhance learning
  - Fortnightly visits to the community library for children aged 4 to 6 years old
- Involved parents in our programmes to enhance developments of the children
  - Fortnightly reports and quarterly newsletters for parents
  - Half-yearly parents teachers conferences
  - Parents resource corner
- Organised the following events to enrich the learning of our children

- National Day Celebrations
- Children's and Teachers' Day Celebrations
- Chinese New Year Celebrations
- Deepavali Celebrations
- Hari Raya Celebrations
- Christmas Day celebrations
- An Educational Trip to 'Zoo'
- A visit to 'Singapore Garden Festival 2010' @ Suntec city
- A Fun Carnival @ East Coast Campus
- A Visit to the Supermarket @ Jurong Point
- An excursion to 'Momotaro-The Peach boy' play @ I theatre
- 'Aspirations' year end concert
- Conducted fortnightly internal consultations and training to ensure quality of services provided by out teachers.

# Whispering Hearts Student Care Centre

- Provided before and after school care to more than 75 children aged 7 to 14 years old. 30% of these children came from underprivileged families and were granted government subsidies.
- Carried out integrated programmes to promote holistic development in our students with emphasis on character building, emotional wellness, physical health and cognitive abilities.
- Regular enrichment activities included show and tell, my word bank, speedy Chinese recognition, speech and drama, reading, debating, newspaper clipping, reading classes and fitness and wellness sessions.
- Supervised study time helped 80% of the students improved in at least one academic subject. More than 20% of the class achieved Band 1 in all their subjects. 15 students were awarded the Viriya-Shih Ping Scholarship and Viriya-Ong kim Long Scholarships.
- 65% of the students demonstrated observable improvement in their emotional management after attending our life skills classes.
- 80% of the students achieved excellence in conduct at school as well as in the centre after attending our moral education workshops.
- Conducted experiential project work to incorporate fun in learning and promote active learning.
- Organised exposure and immersion opportunities to institutions of higher learning to stimulate interest for learning:
  - 90 students participated in a sports day at Raffles Institution in June
  - 30 students joined a two day camp at the Nanyang Technological University
  - 60 students joined our educational excursion at Botanic Garden;
  - 65 students joined our educational excursion at Chinese Garden.

### Children's Club @ My Centre

- Offered library services, computer facilities and programmes for 255 children.
  - The Great Candy Mystery, reading competition promoted reading to our members
  - Reading programme to help our members enhance their literacy skills
  - Movie screening to enhance interest in stories and provide opportunities for members to form positive social relationships.
- Provided conducive environment as a drop-in facilities for children to spend their after-school hours to pursue their interest
- Offered 10,000 book for loan to members to cultivate interest in reading

#### Youth

### Dreams @ Kolam Ayer

- Recruited more than 350 members through various services and programmes
- Conducted weekly gatherings for children from low-income families to learn essential life skills to build up their resilience.
- 40 children completed 25 hours of training in Character First Programme and improved in their social skills and character development.
- 20 children participated in 23 sessions of reading programme and learned foundational literacy skills, and improved in their academic skills.
- About 20 youths received more than 120 hours of counselling in working on their personal issues.
- Provided 50 families with food ration every month.
- Organised monthly gatherings for low-income families to increase their social support and community resources.
- Organised 13 outings and engaged 673 youths.
- 40 children benefited from our annual camp, Camp SOLA, co-organised by City Sunshine Club.

#### Senior citizens

## My Centre @ Moulmein

- Promote active ageing to 897 participants through 300 sessions of activities involving
  - Gardening:
  - Foot reflexology;
  - Aqua aerobics;
  - Brain game;
  - Handicraft:
  - Basic conversational English;
  - Physical wellness programme; and
  - Ah Gong Ah Ma sessions.
- Conducted HomeCreation 2011 at Moulmein constituency.
  - Minister Lui Tuck Yew graced the occasion as Guest-of-Honour
  - 322 student volunteers from Raffles Institution, interviewed more than 100 low-income households, refurbished 14 household units and organised a block party for 186 needy elderly.
  - Partnered Moulmein Citizen's Consultative Committee and City Developments Limited in the project.
- Organised 7 outings to places of interest in Singapore and engaged over 300 participants.
- Held 4 festive celebrations in the centre involving more than 200 participants.
- 1,465 students learnt basic dialect from retired teachers through the Learn My Dialect programme.

## Lights of Hope Centre

- Promoted active ageing and enhanced social support network by providing recreational group activities to engage elderly in the community.
- Provided a conducive environment for elderly to form meaningful friendship and remain socially connected to the community.

#### **Families**

## Whispering Hearts Family Service Centre

Attended to and successfully linked 788 clients to appropriate services.

- Provided casework and counselling services to 526 families to deal with their challenges and improve their quality of life.
- Assisted 338 families to achieve successful resolution to their challenges and achievement of their goals through our services and programmes.
- Organised Family Life Education programme to build strong and healthy families.
  - 25 couples benefited from their participation in our annual 'Luv-a-thon'
  - 100% of the participants in our family event held at Hort park indicated satisfaction with the event and enhanced family bonding
  - 60 participants in our 'Wild Wild West' Christmas Celebrations indicated satisfaction with the event.
- Disbursed School Pocket Money Fund assistance to 371 primary and secondary students from low income families to help with their schooling expenses. The families were also assisted through casework and counselling.
- Selected by MCYS to deliver the new enhanced STEP-UP for students at risk of premature school leaving and out-of-school youths.
- Joined the Jurong Family Violence Workgroup to provide assistance to families who have experienced violence in the family.
- 169 clients benefited from the 'Enhanced Positive Change' programme that imparts skills and knowledge to build strong family relationships and improve communication.
- 60 youths registered to be part of 'Club Fidentia' and benefited academically from the weekly study and mentoring sessions, emotionally from the workshops and developmentally from the leadership training programmes.
- 52 children from low-income families benefited from 'Bright Owl Project' and received academic assistance as well as emotional support from volunteers.
- Introduced 'Women Inc.', an income generating project to help housewives from low income families generate income to improve their family financial situation.

**Corporate Governance:** The management committee met three times during the year under review. In addition to reviewing and refreshing its strategic thrusts, the committee also assessed its compliance with the code of governance for the evaluation period from 1 April 2010 to 31 March 2011. As at date of this report, the Society has complied with the various areas required in the governance evaluation.

With regard to conflict of interest policy, the Society adopts the NCSS paper of October 2005, requiring Management committee members and staff to disclose areas of conflict and abstention from discussion and decision – making on the matter. During the year under review, there were no such conflicts that required disclosure and action.

**Future capital commitments:** We are reviewing the activities of Dreams @ Kolam Ayer and My Centre @ Moulmein to stay relevant with the needs and challenges of the community. This will require fresh funds to renovate the two centres. In addition, we will carry out cyclical maintenance at Whispering Hearts Infant & Child Care Centre. We estimate that the total costs for the three centres should not exceed \$150,000.

Further, we will continue to forge ahead with our mission and will consider implementing new programmes or submit proposals to MCYS/ NCSS for additional projects which objectives are in alignment with our mission.

The road ahead: This year, we celebrate our 10 years in community service. While we aim to bring joy to the needy in society, our focus must be to enhance the quality of the lives of the people whom we serve. More importantly, we will adapt and keep pace with the needs of the community and in the face of uncertainties in the global landscape, including the recent Middle East crisis and natural disasters, we will remain guided by the teachings of Buddha, in particular in embracing and practising compassion for the less fortunate in society.

**Acknowledgement:** We are very grateful to many of you who unwaveringly support our mission and goals. In particular, we appreciate the advice and guidance from Dr Yaacob Ibrahim, Patron of Dreams @ Kolam Ayer, Mr Lui Tuck Yew, Patron of My Centre @ Moulmein and Mr Cedric Foo, Patron of Whispering Hearts Family Service Centre.

Report by: Venerable Sek Meow Ee
President

10 March 2011

Our Mission

Viriya Community Services aims to bring joy and enhance the quality of life by providing care and assistance to families and individuals in need of support regardless of race and religion.

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